



KNUSKIN ADVANCED SKINCARE & WELLNESS

Treatment Menu 2026

INTRODUCTION

Every KnuSkin ritual is guided by the KNU System™ — Know, Nurture, Uplift, a personalised approach designed to elevate your wellbeing, nourish your skin, and uplift your confidence from the inside out.

All treatments are suitable for both women and men, with products, pressure and techniques tailored to individual skin and body needs, comfort, and personal goals.

KnuSkin Express Rituals™

KNU System™ Consultation — 30 mins — £30 (Redeemable)

A personalised skin and wellbeing consultation that explores your lifestyle, concerns and goals. Fully redeemable against any same day treatment.

Glow & Go Facial™ — 30 mins — £45

A fast radiance boosting treatment that deeply cleanses, exfoliates, and nourishes the skin for a brighter, fresher glow in minimal time.

Collagen Renewal Boost™ — 30 mins — £55

A fast acting, collagen stimulating treatment to plump, tighten, smooth, and refresh your skin. Ideal before events or when you need visible results in limited time.

Tension Release Massage™ — 30 mins — £45

A focused massage targeting the neck, shoulders, and back. Perfect for easing tightness from travel, long days, desk work tension, or emotional stress.

Teen Clarity Facial™ — 45 mins — £55

A gentle, confidence building treatment designed for teenage skin. Targets congestion, oil imbalance and breakouts with cleanse, exfoliation, mask, optional extractions, and personalised skincare education.

KnuSkin Signature Facial Rituals™

Calm & Restore Facial™ — 60 mins — £85

A deeply soothing facial that calms sensitivity, breakouts, reduces skin stress and restores radiance. Designed to calm the mind and restore your natural glow. Cooling lymphatic drainage massage, aromatic botanicals and comforting textures work together to replenish skin barrier, promote emotional calm, and rebalance the skin. Perfect when you feel overwhelmed, fatigued, or in need of emotional reset and confidence boost.

Holistic Skin Reset™ — 60 mins — £85

Rebalances and hydrates the skin while enhancing clarity and texture. Perfect for normal skin types and uses facial aromatherapy oils for deep relaxation inside and out. Ideal for those who want to relax and stress free but do not want to have a full body massage. Leaves your skin refreshed, hydrated, and visibly renewed, glowing with confidence.

Confidence & Complexion Ritual™ — 75 mins — £110

Brightens, refines, and energises dull or fatigued skin for renewed confidence. A complete skin and wellbeing reset combining sculpting massage, personalised skincare, designed to uplift your complexion and your spirit. Ideal for signs of ageing, hyperpigmented skin, post- holiday or if you have not had a professional facial in a while.

KnuSkin Signature Massage Rituals™

Swedish Relaxation Ritual™ — 60 mins — £75

A calming full-body massage using slow, flowing techniques and aromatherapy oils to release those feel good hormones, soothe emotional tension and relax tired muscles. Ideal for those seeking gentle stress relief and a peaceful mind-body experience.

Deep Release Massage™ — 60 mins — £75

Targets deeper muscle tension for improved mobility and lasting relief. A therapeutic blend of deep tissue, trigger point and Swedish massages designed to ease tight shoulders, back and legs, release muscle knots, and any built-up tension in the body. Perfect for gym members, busy professionals, or anyone carrying physical or emotional stress.

Lava Shell Body Melt™ — 60 mins — £90

A luxury feel and comforting, warm-lava-shell massage designed to soften muscle tension and promote deep relaxation. The combination of heat and flowing strokes creates a soothing, restorative treatment.

Deep Relaxation Ritual™ — 90 mins — £115

A beautifully slow, immersive aroma-massage calming the nervous system and reducing emotional stress. A longer, combination of aromatherapy and Swedish techniques for that deep relaxation with breathwork and extended scalp-to-foot including (face optional). Designed to reduce emotional overload, and bring deep balance to body and mind. Your perfect escape for burnout, overwhelm, or stress.

Clinical Aromatherapy Lymphatic Drainage — 60 mins — £75

A gentle, rhythmic lymphatic massage that reduces puffiness, supports detoxification, boosts immunity and improves sluggish circulation.

Pregnancy Massage Rituals

Safe, nurturing treatments designed for comfort after the first trimester

Maternity Calm Massage™ — 60 mins — £80

A soothing pregnancy safe massage to ease back tension, leg heaviness, and overall discomfort of the body.

Maternity Deep Comfort Massage™ — 75 mins — £95

Provides deeper, extended relief for the whole-body including baby bump with nurturing comfort for both mum and baby. An extended pregnancy ritual offering deeper relief for hips, back and legs while promoting full-body relaxation.

KnuSkin Advanced Tech Rituals™

Non-invasive treatments for lifted, firmer, age-well confidence — without injectables.

KnuSkin Lift & Sculpt Ritual™ — 85 mins — £125

A premium non-invasive rejuvenation ritual combining microcurrent lifting, LED therapy, lymphatic sculpting and a firming mask and collagen infusion boost for youthful radiance. Instantly lifts, tones, and energises the skin for youthful glow without downtime.

LED Lumi-Calm Facial™ — 30 mins — £60

A soothing, complexion-boosting LED facial designed to brighten, calm redness, reduce inflammation, and stimulate collagen. Ideal for tired, sensitive, acne or ageing skin needing gentle renewal. Healthier skin from the inside out.

Advanced Add-Ons:

LED Lumi Boost™ — £25

Enhances glow, healing, and collagen production within any facial.

BT-Micro Sonic Infusion Boost™ — £10

Ultrasonic exfoliation and infusion for clearer, smoother skin.

Lava Shell Upgrade — £15

Add warm Lava Shells to any facial or massage for deeper relaxation.

Precision Brow Tidy™ (PhD Safewax) — £15

Clean, gentle brow shaping using the hygienic PhD system

Brow Definition Tint™ — £15

Adds colour, depth and definition to the brows.

Lash Enhancing Tint™ — £20

Darkens and enhances lashes for eye opening definition.

KnuSkin Body Rituals™

Radiance Body Polish™ — 45 mins — £60

A full-body exfoliation that smooths, brightens and softens the skin.

Detox & Restore Body Wrap™ — 60 mins — £70

A mineral rich wrap promoting detoxification and a lighter, rebalanced body feel.

Million Dollar Advanced Clinical Range

Accredited Million Dollar Skin System treatments for deeper results.

Million Dollar Mini Facial – 45 mins – £60

Instantly brightens and hydrates the skin.

Million Dollar Superficial (Glow | Hydrate) — 45 mins — £60

A choice of glow boosting or deeply hydrating active infusions.

Million Dollar Miracle Mask — 45 mins — £65

Firms, nourishes, and brightens the complexion.

Million Dollar Oxy Pro — 45 mins — £65

Oxygen infusion energises and brightens tired skin.

Million Dollar Bacial — 45 mins — £65

Cleanses and clears congestion on the back.

Million Dollar Dermaplane — 45 mins — £70

Removes dead skin and peach fuzz for ultra smooth radiance.

Million Dollar Immaculate Peels — 45 mins — £70

Corrective peels targeting acne, pigmentation or ageing.

Million Dollar Microneedling — 45 mins — £75

Boosts collagen and improves texture, tone and scarring.

Million Dollar Body — 45 mins — £75

Improves stretch marks, scarring and rough texture.

Million Dollar Hand Rejuvenation — 45 mins — £65

Brightens and plumps ageing hands.

Million Dollar Hair Rejuvenation — 45 mins — £75

Supports healthier, fuller looking hair.

Million Dollar Facial — 60 mins — £120

Full MD protocol combining dermaplane, lymphatic drainage and microneedling.

Courses & Treatment Packages

Buy 5 of any treatment and receive the 6th FREE.

Payment plans available for advanced programs.

KnuSkin Wellbeing Membership — £69/month

Includes:

- One 60-minute facial or massage each month
- 10% off all add ons
- Seasonal member only treatment
- Priority booking

6-Week Skin & Wellbeing Transformation Programme - £399

A structured plan combining facials, massage, lifestyle guidance, and wellbeing practices.
One session a week, planned with you and the expert.

Contact

KnuSkin Advanced Skincare & Wellness

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